

Mount Kazbek Climb from Georgia. **Equipment**

Clothes and equipment

Clothes and footwear:

- Sweater or a fine fleece shirt;
- Fleece or wind block jacket and pants;
- Membrane Gore Tex type jacket and pants;
- Warm hat;
- Protective face mask or Balaclava type helmet;
- Goose down jacket;
- Thermal underwear;
- Plastic or leather mountaineering boots (preferably welted, to be fit with automatically binding crampons), double-layer boots are highly recommended for ascents in May;
- Warm socks made of modern synthetic fiber;
- Wind block gloves and upper gloves, to be worn on top of thin gloves;
- Usual summer clothes: T-shirts, light pants or shorts, light shoes or sandals;
- Sun protecting cap with a visor, a bathing suit and flip-flops are also advisable;
- Since it often rains, a light raincoat is also advisable.

Personal Equipment:

- Harness, preferably light and comfortable for walking;
- 3 karabiners;
- Climbing ropes;
- Ice axe;
- Mountaineering and mountain skiing goggles (mask);
- Sun protection cream;
- Crampons, preferably automatically binding (if they can be fit to your boots);
- Head light;
- Trekking poles;
- Backpack to be used during the ascent (light, 35-45 liters);
- Thermos/ water flask;
- Sleeping bag (temperature rating: -15B°C)
- Mat;
- Tent (one per 2 people), accommodation at the Weather Station shelter is possible;
- Crack pad is advisable, you'll feel warmer sitting on rocks.

Additional ski-touring gear for ascending and descending:

- skis, skins, ski-touring boots;
- firm ski crampons;
- helmet;
- shovel, probe, avalanch transevier.

All equipment and clothes needed for the ascent can be rented.