

Mount Kazbek Climb from Georgia. **Equipment**

Clothes and equipment

Clothes and footwear:

- ☐ Sweater or a fine fleece shirt;
- ☐ Fleece or wind block jacket and pants;
- ☐ Membrane Gore Tex type jacket and pants;
- ☐ Warm hat;
- ☐ Protective face mask or Balaclava type helmet;
- ☐ Goose down jacket;
- ☐ Thermal underwear;
- ☐ Plastic or leather mountaineering boots (preferably welted, to be fit with automatically binding crampons), double-layer boots are highly recommended for ascents in May;
- ☐ Warm socks made of modern synthetic fiber;
- ☐ Wind block gloves and upper gloves, to be worn on top of thin gloves;
- ☐ Usual summer clothes: T-shirts, light pants or shorts, light shoes or sandals;
- ☐ Sun protecting cap with a visor, a bathing suit and flip-flops are also advisable;
- ☐ Since it often rains, a light raincoat is also advisable.

Personal Equipment:

- ☐ Harness, preferably light and comfortable for walking;
- ☐ 3 karabiners;
- ☐ Climbing ropes;
- ☐ Ice axe;
- ☐ Mountaineering and mountain skiing goggles (mask);
- ☐ Sun protection cream;
- ☐ Crampons, preferably automatically binding (if they can be fit to your boots);
- ☐ Head light;
- ☐ Trekking poles;
- ☐ Backpack to be used during the ascent (light, 35-45 liters);
- ☐ Thermos/ water flask;
- ☐ Sleeping bag (temperature rating: -15B°C)
- ☐ Mat;
- ☐ Tent (one per 2 people), accommodation at the Weather Station shelter is possible;
- ☐ Crack pad is advisable, you'll feel warmer sitting on rocks.

Additional ski-touring gear for ascending and descending:

- ☐ skis, skins, ski-touring boots;
- ☐ firm ski crampons;
- ☐ helmet;
- ☐ shovel, probe, avalanch transevier.

All equipment and clothes needed for the ascent can be rented.